

Year/Term	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Foundation	Walking 1 	Jumping 1 	High, Low, Over, Under 	Hands 1 	Feet 1 	Games For Understanding 
Year 1	Running 1 	Hands 1 	Wide, Narrow, Curled 	Hands 2 	Jumping 1 	Team Building 
	Health and Wellbeing 	Dance	Feet 1 	Dance	Rackets Bats and Balls 	Games For Understanding 
Year 2	Health and Wellbeing 	Hands 1 	Linking 	Hands 2 	Rackets Bats and Balls 	Team Building 
	Dodging 1 	Dance	Feet 1 	Dance	Jumping 1 	Games For Understanding 
Year 3	Mindfulness 	Communication & Tactics 	Symmetry & Asymmetry 	Hockey 	Tennis 	Rounders 
	Netball 	Dance	Basketball 	Dance	Tag Rugby 	Athletics 
Year 4	Mindfulness 	Problem Solving 	Basketball 	Hockey 	Tennis 	Athletics 
	Netball 	Dance	Bridges 	Dance	Tag Rugby 	Cricket 
Year 5	Netball 	Orienteering 	Counter Balance & Counter Tension 	Tennis 	Football 	Rounders 
	Health Related Exercise 	Dance	Tag Rugby 	Dance	Dodgeball 	Athletics 
Year 6	Netball 	Leadership 	Matching & Mirroring 	Tennis 	Football 	Athletics 
	Health Related Exercise 	Dance	Tag Rugby 	Dance	Dodgeball 	Cricket 