

*A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.'* Department of Education, National Curriculum.

At Hady Primary School, PE is taught in the context of the school curriculum intent:

We want our children at Hady Primary School to maximise active opportunities throughout PE lessons, break times and the 30 active minutes within the school day, so that they develop physical literacy and apply fundamental movement skills.

Our approach to learning in fun, engaging PE lessons inspires the children to improve their physical skills and believe that they can all make progress in every lesson. Children deepen their understanding of how to perform a range of skills and through their thorough engagement in lessons, children improve their fitness and activity levels. PE provides opportunities to all pupils to see that they can succeed. The raising of aspirations is vital to our school community, located as we are in the M1 corridor of the East Midlands, meaning it is vital that we offer an aspirational curriculum which sows the seeds of a healthy, active adulthood and instils life-long learning behaviours in all children..

Another of our aims is to provide learning opportunities through an extensive after-school club timetable allowing children to experience a wide variety of sporting opportunities. Curriculum enrichment activities such as Wellness and Sports Day, personal challenges, intra- and inter-school competitions, sports leadership opportunities and local events and festivals also provide children with inspirational experiences where they can apply and build on the skills they have learnt.

During the school day, we plan for children to be active at regular intervals and we want staff to understand and appreciate the importance of the positive effects of active learning on the brain. We aspire to increase the number of children who are active and engaged at lunchtimes, leading to a healthy and active lifestyle.